

Turning the thumb under the 2nd finger. Play the first measure four times.

(M. M. ♩ = 40 to 72)

The first exercise is written in 6/8 time. It consists of three systems of two staves each. The first system includes a repeat sign and a first ending. The second system includes a *8va* marking. The third system includes a *7* marking and a repeat sign. Fingerings are indicated by numbers 1-5 above notes. Dynamics include *M* (mezzo-forte), *d* (deciso), *m* (mezzo-piano), and *7* (seventh finger). The piece concludes with a *7* marking and a repeat sign.

Turning the thumb under the 3rd finger. Play the first measure four times.

The second exercise is written in 6/8 time. It consists of three systems of two staves each. The first system includes a repeat sign and a first ending. The second system includes a *7* marking. The third system includes a *8va* marking. Fingerings are indicated by numbers 1-5 above notes. Dynamics include *M* (mezzo-forte), *7* (seventh finger), and *m* (mezzo-piano). The piece concludes with a *7* marking.



Another example of turning the thumb under.

The first system shows a sequence of exercises with fingerings 1 4 3 2 and 1 4 3 2 in the treble, and thumb positions M and 7 in the bass. The second system continues with similar patterns, including a final exercise with fingering 1 4 3 2. The third system introduces a new pattern with fingerings 1 2 3 4 and 1 2 3 4, and thumb positions M and m. The fourth system features a more complex treble line with fingerings 1 2, 1 2, 1 2, 1 2, 1 2, 1 2, 1 2 3 4, and 1, and thumb positions 7 and M.

Special exercise for the thumb: Play all quarter notes with the thumb while holding down the three whole notes; repeat each measure as indicated.

The first system is in 5/4 time and consists of three measures of quarter notes with rests, each measure repeated. The second system is in 5/4 time and consists of four measures of quarter notes with rests, each measure repeated. The third system is in 5/4 time and consists of four measures of quarter notes with rests, each measure repeated, ending with a fermata.